

# IMMUNIZATION RECORD

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For cancer patients, immunizations are especially important because cancer treatments weaken the body's immune system. Immunizations help the body build a resistance to specific diseases.

## Ask your healthcare team which immunizations the you need.

You probably received some immunizations as a child. You will probably need other immunizations that are given annually and probably periodic boosters of other vaccines so that they remain effective. You may also need new immunizations, depending on your health history.

Ask the healthcare team which immunizations are recommended for you. Use this chart to keep track of your immunization record.

VACCINE	DATE GIVEN	NEXT DUE DATE	COMMENTS/REACTIONS
Flu (Influenza)			
Td/Tdap (tetanus, diphtheria, pertussis)			
Shingles (zoster) — RZV			
Pneumococcal—PCV13			
Pneumococcal—PPSV23			
Meningococcal—MenACWY			
Meningococcal—MenB			
MMR (measles, mumps, rubella)*			
HPV (human papillomavirus)			
Chicken Pox (varicella)*			
Hepatitis A			
Hepatitis B			
Hib (haemophilus influenzae type b)			

\*Vaccines noted with an asterisk are not recommended for patients who have a weakened immune system. If you received these vaccines before the cancer diagnosis, there is no harm done.

People who are receiving cancer treatment should receive the flu shot, which is made with the dead virus. They must not get the nasal spray vaccine because the spray contains the live flu virus. The live virus can be dangerous for immunosuppressed patients.

People who are receiving cancer treatment and require the shingles (zoster) vaccine should receive the recombinant zoster vaccine (RZV, Shingrix), not the zoster vaccine live (ZVL, Zostavax).

If the you plan to travel outside of the United States, check the recommended vaccines for that location. You may need additional immunizations. Always clear travel with the healthcare team.

Source: Adapted from the Centers for Disease Control and Prevention's *Recommended Adult Immunization Schedule for ages 19 years or older, United States, 2019*.