

# QUESTIONS FOR THE HEALTHCARE TEAM

Visit [www.LLS.org/CaregiverWorkbook](http://www.LLS.org/CaregiverWorkbook) to access all chapters and worksheets.

Asking the members of the healthcare team questions helps you take an active role in managing your care. If you do not understand any part of the information the healthcare provider gives you, ask him or her to explain it in another way.

## Diagnosis and Testing

What is my diagnosis?

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What is the stage of the disease?

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## Treatment

What are all of the treatment options available to me?

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Am I eligible to participate in a clinical trial?

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What are the goals of treatment?

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What is the recommended treatment? What are the benefits and risks?

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How long will the treatment last?

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How much time do I have to make a decision about the treatment plan?

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Will I be in the hospital or be at an outpatient treatment center for treatment?

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What kind of testing will be done to monitor the disease and its treatment? How often will the testing be needed?

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How will we know if my treatment is effective? What options are available if the treatment is not effective?

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**Side Effects**

What are the immediate- and long-term effects of treatment?

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What signs and/or symptoms indicate that I should call the healthcare team?

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Whom can I contact after hours with questions or concerns?

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What signs and/or symptoms indicate a trip to the emergency room is necessary?

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Can my fertility be preserved before treatment begins? How will treatment affect sexuality?

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Is it possible to get a palliative care referral for help managing side effects?

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Will I need to follow a special diet or avoid any specific foods?

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### **Social/Financial Concerns**

What kind of financial and social support services are available to me?

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Who is the best person to speak to about bills and insurance coverage?

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If I do not have insurance coverage, whom can I speak to for assistance?

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### **Follow-Up Care**

Will the healthcare team continue to check on me after treatment is over? If so, for how long?

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If I experience long-term effects in survivorship, whom can I contact?

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Can you give me a written follow-up care plan or a survivorship care plan?

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