## **DAILY MEDICATION LOG**

Visit www.pearlpoint.org/worksheets/ to access all worksheets.

It is important to take medications exactly as the doctor prescribes them. A medication log can help you to track the medication schedule and be sure that you don't miss a dose. If you do miss a dose, call the prescribing doctor or the pharmacist for instructions. Let the healthcare team know immediately if there are any side effects that result from taking a medicine. Make sure the healthcare team is told about any supplements, vitamins, or over-the-counter medications the you take.

| DATE | TIME | MEDICATION | DOSAGE | COMMENTS |
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